

Young People Want to Quit Tobacco

The Monitoring E-Cigarette Among Youth Survey was conducted on behalf of the National Foundation for the Centers for Disease Control and Prevention in collaboration with the North Carolina Department of Health and Human Services.

The survey was conducted online using probability and non-probability sample sources. The target population consisted of youth (age 13-17) and young adults (age 18-24) residing in North Carolina. There were 882 survey respondents. Data was collected from March to April 2021.

▶ **27.8% of youth and young adults smoke, vape, or use tobacco**



▶ **Half of current tobacco users use two or more tobacco products**

51.4%
All Respondents

57.6%
Youth (13-17)

48.3%
Young Adults (18-24)

▶ **7 out of 10 current e-cigarette users show signs of nicotine dependence**



2 out of 3 young people who currently use e-cigarettes are seriously thinking about quitting

Do you know a young person who wants to quit vaping?

Live Vape FreeSM is an evidence-based solution to help solve the vaping epidemic.

ADULTS: Go to www.vapefreelife.com for self-paced online learning experiences with chat support that is designed to provide concerned adults with structured actions.

TEENS: Text **VAPEFREENC** to **873373** for an interactive texting program that helps teens ages 13-17 build motivation, a quit plan & a strategy to stay quit. The texts include links to videos, quizzes, podcasts and activities including texting live to a Quit Coach simply by texting Coach.

HEALTHCARE PROVIDERS: Learn how to treat adolescent tobacco use from the [American Academy of Pediatrics Youth Tobacco Cessation](http://www.aap.org) resources.



1-800-QUIT-NOW
1-800-784-8669

ES 1-855-Déjelo-Ya
1-855-335-3569

www.quitlinenc.com

Text READY to 200-400
to enroll via text

@QuitlineNC



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