Smoking and COVID-19



COVID-19 attacks the respiratory system.

COVID-19 is a disease caused by a virus that attacks your respiratory system. It can affect your sinuses, nose, and throat. It can also affect your windpipe and lungs.

Smoking and vaping weaken the respiratory system.

Smoking and vaping cause inflammation in the lungs. While the evidence is not as strong for vaping as for smoking, some researchers suspect vaping may leave lung tissue fragile and more at risk for infection.

Cigarette smoking increases your risk of severe illness from COVID-19.

Smoking lowers your lung's ability to fight off infections. It increases your risk of chronic lung disease (including asthma), diabetes, lung cancer, and many other cancers.

Make a connection between smoking, vaping, lung health and COVID-19.

Recent research found that young people who vape are five times more likely to test positive for **COVID-19** than never-users.

Anything that's bad for your lungs can make it harder for your body to fight COVID-19.









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