North Carolina
Youth Tobacco Survey (YTS)
2017 Questionnaire

This survey is about tobacco. We would like to know about you and things you do that may affect your health. Your answers will be used for programs for young people like yourself.

DO NOT write your name on this survey. The answers you give will be kept private.

NO one will know what you write. Answer the questions based on what you really do and know.

Completing the survey is voluntary. Whether or not you answer the questions will not affect your grade in this class. Try to answer all the questions. If you do not want to answer a question, just leave it blank. There are no wrong answers.

The questions that ask about your background will only be used to describe the types of students completing this survey. The information will not be used to find out your name. No names will ever be reported.

Please read every question. Try to answer all the questions. Fill in the circles on the answer sheet completely. When you are finished, follow the instructions of the person giving you the survey.

Thank You Very Much For Your Help.
The first six questions ask some background information about you.

1. How old are you?
   A. 9 years old
   B. 10 years old
   C. 11 years old
   D. 12 years old
   E. 13 years old
   F. 14 years old
   G. 15 years old
   H. 16 years old
   I. 17 years old
   J. 18 years old
   K. 19 years old or older

2. What is your sex?
   A. Female
   B. Male

3. What grade are you in?
   A. 6th
   B. 7th
   C. 8th
   D. 9th
   E. 10th
   F. 11th
   G. 12th
   H. Ungraded or other grade

4. Are you Hispanic or Latino?
   A. No
   B. Yes, I am Mexican, Mexican American, or Chicano
   C. Yes, I am Puerto Rican
   D. Yes, I am Cuban or Cuban American
   E. Yes, I am some other Hispanic or Latino not listed here

5. What race or races do you consider yourself to be? (Select one or more)
   A. American Indian or Alaska Native
   B. Asian
   C. Black or African American
   D. Native Hawaiian or Other Pacific Islander
   E. White

6. Do you get free or reduced-price lunch at school?
   A. Yes
   B. No

The next six sections of questions ask about your use of particular kinds of tobacco products, such as cigarettes, cigars, smokeless tobacco, electronic cigarettes, hookah, pipe, snus, dissolvable tobacco, and bidis.

The first 10 questions are about smoking conventional cigarettes (ones that are lit and burned).

7. Have you ever tried cigarette smoking, even one or two puffs?
   A. Yes
   B. No
8. Do you think that you will try a cigarette soon?
   A. Definitely yes
   B. Probably yes
   C. Probably not
   D. Definitely not

9. Do you think you will smoke a cigarette in the next year?
   A. Definitely yes
   B. Probably yes
   C.Probably not
   D. Definitely not

10. If one of your best friends were to offer you a cigarette, would you smoke it?
    A. Definitely yes
    B. Probably yes
    C. Probably not
    D. Definitely not

11. During the **past 30 days**, on how many days did you smoke cigarettes?
    A. 0 days
    B. 1 or 2 days
    C. 3 to 5 days
    D. 6 to 9 days
    E. 10 to 19 days
    F. 20 to 29 days
    G. All 30 days

12. During the past 30 days, **on the days you smoked**, about how many cigarettes did you smoke per day?
    A. I did not smoke cigarettes during the past 30 days
    B. Less than 1 cigarette per day
    C. 1 cigarette per day
    D. 2 to 5 cigarettes per day
    E. 6 to 10 cigarettes per day
    F. 11 to 20 cigarettes per day
    G. More than 20 cigarettes per day

13. When was the last time you smoked a cigarette, even one or two puffs? **(Please choose the first answer that fits)**
    A. I have never smoked cigarettes, not even one or two puffs
    B. Earlier today
    C. Not today but sometime during the past 7 days
    D. Not during the past 7 days but sometime during the past 30 days
    E. Not during the past 30 days but sometime during the past 6 months
    F. Not during the past 6 months but sometime during the past year
    G. 1 to 4 years ago
    H. 5 or more years ago

14. Menthol cigarettes are cigarettes that taste like mint. During the past 30 days, were the cigarettes that you usually smoked menthol?
    A. I did not smoke cigarettes during the past 30 days
    B. Yes
    C. No
    D. Not sure
15. During the past 30 days, how did you get your own cigarettes? *(Select one or more)*
   - A. I did not smoke cigarettes during the past 30 days
   - B. I bought them myself
   - C. I had someone else buy them for me
   - D. I borrowed or bummed them
   - E. Someone gave them to me without my asking
   - F. I took them from a store or another person
   - G. I got them some other way

16. During the **past 30 days**, where did you buy your own cigarettes? *(Select one or more)*
   - A. I did not buy cigarettes during the past 30 days
   - B. A gas station
   - C. A convenience store
   - D. A grocery store
   - E. A drug store
   - F. A vending machine
   - G. Over the Internet
   - H. Through the mail
   - I. Some other place not listed here

The next 4 questions are about the use of cigars, cigarillos or little cigars such as Black and Mild, Swisher Sweets, Dutch Masters, White Owl, or Phillies Blunts.

17. Have you **ever tried** smoking cigars, cigarillos, or little cigars, such as Black and Mils, Swisher Sweets, Dutch Masters, White Owl, or Phillies Blunts, even one or two puffs?
   - A. Yes
   - B. No

18. During the **past 30 days**, on how many days did you smoke cigars, cigarillos, or little cigars?
   - A. 0 days
   - B. 1 or 2 days
   - C. 3 to 5 days
   - D. 6 to 9 days
   - E. 10 to 19 days
   - F. 20 to 29 days
   - G. All 30 days

19. During the past 30 days, how did you get your own cigars, cigarillos, or little cigars? *(Select one or more)*
   - A. I did not smoke cigars, cigarillos, or little cigars during the past 30 days
   - B. I bought them myself
   - C. I had someone else buy them for me
   - D. I borrowed or bummed them
   - E. Someone gave them to me without my asking
   - F. I took them from a store or another person
   - G. I got them some other way
20. During the **past 30 days**, where did you **buy** your own cigars, cigarillos, or little cigars? *(Select one or more)*
   - A. I did not buy cigars, cigarillos, or little cigars during the past 30 days
   - B. A gas station
   - C. A convenience store
   - D. A grocery store
   - E. A drug store
   - F. A vending machine
   - G. Over the Internet
   - H. Through the mail
   - I. Some other place not listed here

The next 4 questions are about the use of chewing tobacco, snuff, or dip. **Do not think** about snus or dissolvable tobacco products when you answer these questions.

21. Have you **ever used** chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen, even just a small amount?
   - A. Yes
   - B. No

22. During the **past 30 days**, on how many days did you use chewing tobacco, snuff, or dip?
   - A. 0 days
   - B. 1 or 2 days
   - C. 3 to 5 days
   - D. 6 to 9 days
   - E. 10 to 19 days
   - F. 20 to 29 days
   - G. All 30 days

23. During the past 30 days, how did you get your own chewing tobacco, snuff, or dip? *(Select one or more)*
   - A. I did not use chewing tobacco, snuff, or dip during the past 30 days
   - B. I bought them myself
   - C. I had someone else buy them for me
   - D. I borrowed or bummed them
   - E. Someone gave them to me without my asking
   - F. I took them from a store or another person
   - G. I got them some other way

24. During the past 30 days, where did you buy your own chewing tobacco, snuff, or dip? *(Select one or more)*
   - A. I did not buy chewing tobacco, snuff, or dip during the past 30 days
   - B. A gas station
   - C. A convenience store
   - D. A grocery store
   - E. A drug store
   - F. A vending machine
   - G. Over the Internet
   - H. Through the mail
   - I. Some other place not listed here

The next 9 questions are about **electronic cigarettes** or e-cigarettes. **E-cigarettes** are battery powered devices that usually contain a nicotine-based liquid that is vaporized and inhaled. You may know them as vape-pens, hookah-pens, e-hookahs, e-cigarettes, e-pipes, personal vaporizers or mods. Some brand examples include NJOY, Blu, Vuse, MarkTen, Logic, Vapin Plus, eGo and Halo.

25. Have you **ever used** an e-cigarette, even once or twice?
   - A. Yes
   - B. No
26. Do you think that you will try an e-cigarette soon?
   A. Definitely yes
   B. Probably yes
   C. Probably not
   D. Definitely not

27. Do you think you will use an e-cigarette in the next year?
   A. Definitely yes
   B. Probably yes
   C. Probably not
   D. Definitely not

28. If one of your best friends were to offer you an e-cigarette, would you use it?
   A. Definitely yes
   B. Probably yes
   C. Probably not
   D. Definitely not

29. During the **past 30 days**, on how many days did you use e-cigarettes?
   A. 0 days
   B. 1 or 2 days
   C. 3 to 5 days
   D. 6 to 9 days
   E. 10 to 19 days
   F. 20 to 29 days
   G. All 30 days

30. Thinking about all types of e-cigarettes, what kinds have you used?
   A. I have never tried an e-cigarette
   B. Only the disposable kind that you can throw away
   C. Only the kind with a tank that you can recharge or refill
   D. Both the kind that you can throw away and the kind with a tank that you can recharge or refill

31. During the past 30 days, where did you get or buy the e-cigarettes that you have used? *(Select one or more)*
   A. I have never tried an e-cigarette in the past 30 days
   B. A gas station or convenience store
   C. A grocery store
   D. A drugstore
   E. A mall or shopping center kiosk/stand
   F. On the Internet
   G. A vape shop or other store that only sells e-cigarettes
   H. Some other place not listed here
   I. From a family member
   J. From a friend
   K. From some other person that is not a family member or a friend

32. What are the reasons you have used e-cigarettes? *(Select one or more)*
   A. I have never tried an e-cigarette
   B. Friend or family member used them
   C. To try to quit using other tobacco products, such as cigarettes
   D. They cost less than other tobacco products, such as cigarettes
   E. They are easier to get than other tobacco products, such as cigarettes
   F. Famous people on TV or in movies use them
   G. They are less harmful than other forms of tobacco, such as cigarettes
   H. They are available in flavors, such as mint, candy, fruit, or chocolate
   I. They can be used in areas where other tobacco products, such as cigarettes, are not allowed
   J. I used them for some other reason
33. Have you ever used an e-cigarette device with a substance besides nicotine? (Select one or more)
   A. Yes, I have used an e-cigarette device with marijuana, THC or hash oil, or THC wax
   B. Yes, I have used an e-cigarette device with another substance that is not marijuana, THC or hash oil, or THC wax
   C. No, I have only used an e-cigarette device with nicotine
   D. No, I have never used an e-cigarette device
   E. Don’t know / Not sure

The next two questions are about smoking tobacco in a hookah, which is a type of waterpipe. Shisha (or hookah tobacco) is smoked in a hookah.

34. Have you ever tried smoking tobacco in a hookah or waterpipe, even one or two puffs?
   A. Yes
   B. No

35. During the past 30 days, on how many days did you smoke tobacco in a hookah or waterpipe?
   A. 0 days
   B. 1 or 2 days
   C. 3 to 5 days
   D. 6 to 9 days
   E. 10 to 19 days
   F. 20 to 29 days
   G. All 30 days

The next two questions are about the use of other tobacco products, not described in the previous sections.

36. Which of the following tobacco products have you ever tried, even just one time? (Select one or more)
   A. Roll-your-own cigarettes
   B. Pipes filled with tobacco (not waterpipe)
   C. Snus, such as Camel, Marlboro, or General Snus
   D. Dissolvable tobacco products such as Ariva, Stonewall, Camel orbs, Camel sticks, Marlboro sticks, or Camel strips
   E. Bidis (small brown cigarettes wrapped in a leaf)
   F. I have never tried any of the products listed above

37. In the past 30 days, which of the following products have you used on at least one day? (Select one or more)
   A. Roll-your-own cigarettes
   B. Pipes filled with tobacco (not waterpipe)
   C. Snus, such as Camel, Marlboro, or General Snus
   D. Dissolvable tobacco products such as Ariva, Stonewall, Camel orbs, Camel sticks, Marlboro sticks, or Camel strips
   E. Bidis (small brown cigarettes wrapped in a leaf)
   F. I have not used any of the products listed above in the past 30 days

Now thinking about your responses to questions from the last six sections about past 30 day use of cigarettes, cigars, smokeless tobacco, electronic cigarettes, hookah, pipe, snus, dissolvable tobacco, and bidis.

38. Which of the following tobacco products did you try first (CHOOSE ONLY ONE ANSWER)?
   A. Cigarettes
   B. Cigars, cigarillos, or little cigars
   C. Chewing tobacco, snuff, or dip
   D. Electronic cigarettes or e-cigarettes
   E. Tobacco in a hookah or waterpipe
   F. Pipe filled with tobacco (not waterpipe)
   G. Snus
   H. Dissolvable tobacco products
   I. Some other tobacco product
   J. Not sure about the product I tried first
   K. I have never tried any tobacco products
The next three questions ask about tobacco advertisements you have seen or heard on the Internet, or in newspapers, magazines, television, movies, or stores.

39. When you are using the Internet, how often do you see ads for tobacco products, including electronic cigarettes?
   - A. I do not use the Internet
   - B. Never
   - C. Rarely
   - D. Sometimes
   - E. Most of the time
   - F. Always

40. When you go to a convenience store, supermarket, or gas station, how often do you see ads or promotions for tobacco products, including electronic cigarettes?
   - A. I never go to a convenience store, supermarket, or gas station
   - B. Never
   - C. Rarely
   - D. Sometimes
   - E. Most of the time
   - F. Always

41. Have you ever seen or heard any anti-smoking advertising or campaigns with the following themes or slogans? (Select one or more)
   - A. Don’t clown around with tobacco
   - B. Fresh Empire
   - C. #FinishIt
   - D. The Real Cost
   - F. Tips from Former Smokers
   - G. Think. Don’t smoke.
   - H. None of these

The next three questions ask about quitting tobacco products.

42. Do you want to stop using tobacco products for good?
   - A. I do not use any tobacco products now
   - B. Yes
   - C. No

43. During the past 12 months, how many times have you stopped using tobacco products for one day or longer because you were trying to quit for good?
   - A. I did not use tobacco products during the past 12 months
   - B. I did not try to quit during the past 12 months
   - C. 1 time
   - D. 2 times
   - E. 3 to 5 times
   - F. 6 to 9 times
   - G. 10 or more times
44. In the past 12 months, did you do any of the following to help you quit using tobacco of any kind for good?  
(Select one or more)  
A. I did not use tobacco of any kind during the past 12 months  
B. I did not try to quit during the past 12 months  
C. Attended a program at my school  
D. Attended a program in the community  
E. Called a telephone help line or telephone quit line  
F. Used nicotine gum  
G. Used nicotine patch  
H. Used any medicine to help quit  
I. Visited an Internet quit site  
J. Got help from family or friends  
K. Used another method such as hypnosis or acupuncture  
L. Tried to quit on my own or quit “cold turkey”

The next 7 questions ask about your thoughts on tobacco products.

45. How strongly do you agree with the statement ‘All tobacco products are dangerous’?  
A. Strongly agree  
B. Agree  
C. Disagree  
D. Strongly disagree

46. Do you think that breathing smoke from other people’s cigarettes or other tobacco products is…  
A. Very harmful to one’s health  
B. Somewhat harmful to one’s health  
C. Not very harmful to one’s health  
D. Not harmful at all to one’s health

47. Do you think that breathing vapor from other people’s electronic cigarettes or e-cigarettes is…?  
A. Very harmful to one’s health  
B. Somewhat harmful to one’s health  
C. Not very harmful to one’s health  
D. Not harmful at all to one’s health

48. How harmful are electronic cigarettes or e-cigarettes to your health?  
A. Not at all harmful  
B. Somewhat harmful  
C. Very harmful  
D. Extremely harmful  
E. Not sure

49. Do you think smoking cigarettes makes young people look cool or fit in?  
A. Definitely yes  
B. Probably yes  
C. Probably not  
D. Definitely not

50. Do you think young people who smoke cigarettes have more friends?  
A. Definitely yes  
B. Probably yes  
C. Probably not  
D. Definitely not

51. Do you believe that tobacco companies try to get young people under 18 to use tobacco products?  
A. Yes  
B. No
The next six questions ask about you being around other people’s tobacco smoke. Do not include exposure to vapor from e-cigarettes.

### 52. During the past 7 days, on how many days did someone smoke tobacco products in your home while you were there?
- A. 0 days
- B. 1 day
- C. 2 days
- D. 3 days
- E. 4 days
- F. 5 days
- G. 6 days
- H. 7 days

### 53. During the past 7 days, on how many days did you ride in a vehicle when someone was smoking a tobacco product?
- A. 0 days
- B. 1 day
- C. 2 days
- D. 3 days
- E. 4 days
- F. 5 days
- G. 6 days
- H. 7 days

### 54. During the past 7 days, on how many days did you breathe the smoke from someone who was smoking a tobacco product at your school, including school buildings, school grounds, and school parking lots?
- A. 0 days
- B. 1 day
- C. 2 days
- D. 3 days
- E. 4 days
- F. 5 days
- G. 6 days
- H. 7 days

### 55. During the past 7 days, on how many days did you breathe the smoke from someone who was smoking tobacco products in an indoor or outdoor public place? Examples of indoor public places are school buildings, stores, restaurants, and sports arenas. Examples of outdoor public places are school grounds, parking lots, stadiums and parks.
- A. 0 days
- B. 1 day
- C. 2 days
- D. 3 days
- E. 4 days
- F. 5 days
- G. 6 days
- H. 7 days

### 56. Inside your home (not counting decks, garages, or porches) is smoking…
- A. Always allowed
- B. Allowed only at some times or in some places
- C. Never allowed

### 57. In the vehicles that you and family members who live with you own or lease, is smoking…
- A. Always allowed
- B. Sometimes allowed
- C. Never allowed
The next two questions ask about being around other people’s e-cigarette vapor. Do not include exposure to smoke from tobacco products.

58. During the past 7 days, on how many days did someone use an e-cigarette in your home while you were there?
   - A. 0 days
   - B. 1 day
   - C. 2 days
   - D. 3 days
   - E. 4 days
   - F. 5 days
   - G. 6 days
   - H. 7 days

59. During the past 7 days, on how many days did you breathe the vapor from someone who was using an e-cigarette in an indoor or outdoor public place? Examples of indoor public places are school buildings, stores, restaurants, and sports arenas. Examples of outdoor public places are school grounds, parking lots, stadiums and parks.
   - A. 0 days
   - B. 1 day
   - C. 2 days
   - D. 3 days
   - E. 4 days
   - F. 5 days
   - G. 6 days
   - H. 7 days

The last five questions ask about your experiences at home and at school.

60. Does anyone who lives with you now…? (Select one or more)
   - A. Smoke cigarettes
   - B. Smoke cigars, cigarillos, or little cigars
   - C. Use chewing tobacco, snuff, or dip
   - D. Use e-cigarettes
   - E. Smoke tobacco in a hookah or waterpipe
   - F. Smoke pipes filled with tobacco (not waterpipes)
   - G. Use snus
   - H. Use dissolvable tobacco products
   - I. Smoke bidis (small brown cigarettes wrapped in a leaf)
   - J. No one who lives with me now uses any form of tobacco

61. How many of your four closest friends smoke cigarettes?
   - A. None
   - B. One
   - C. Two
   - D. Three
   - E. Four
   - F. Not sure

62. How many of your four closest friends use any other type of tobacco product, including e-cigarettes?
   - A. None
   - B. One
   - C. Two
   - D. Three
   - E. Four
   - F. Not sure
63. During the **past 30 days**, have you seen a teacher or anyone else who works or volunteers at your school use any tobacco product during school hours, after-school but still on campus, while riding a bus, or at an after-school event?
   - A. Yes
   - B. No

64. Have you ever “Liked” or commented positively about any tobacco product on a website such as Facebook, Twitter, Instagram, YouTube, or Snapchat?
   - A. Yes
   - B. No
   - C. I do not use any of these websites.

END OF SURVEY

THANK YOU FOR COMPLETING THE YOUTH TOBACCO SURVEY!!